



Discussion Questions from Sunday, January 25th, 2026

1) Read Matthew 5:21–26. How did the Lord speak to you? What was something new that you learned?

2) The sermon talked about anger coming from unmet expectations. How can you tell when your anger is about your expectations versus God's expectations?

3) Jesus warns about scornful words because they reveal what's inside us. How do your words tend to change when you're angry, and what helps you from letting them rip?

4) Jesus emphasizes reconciling quickly before conflict grows. What makes it hard for us to move toward peace instead of seeking it as a peacemaker?

(BONUS) – Why should we guard our heart?

Spend time praying for one another.