



Discussion Questions from Sunday, January 25th, 2026

- 1) Read Matthew 5:21-26. How did the Lord speak to you? What was something new that you learned?
- 2) The sermon talked about anger coming from unmet expectations. How can you tell when your anger is about your expectations versus God's expectations?
- 3) Jesus warns about scornful words because they reveal what's inside us. How do your words tend to change when you're angry, and what helps you from letting them rip?
- 4) Jesus emphasizes reconciling quickly before conflict grows. What makes it hard for us to move toward peace instead of seeking it as a peacemaker?

(BONUS) – Why should we guard our heart?

Spend time praying for one another.